

# NEW PATIENT PAIN QUESTIONNAIRE

\_\_\_\_\_  
Last Name                      First Name                      Middle Name                      Male/Female                      Age

**Referring Physician:** \_\_\_\_\_

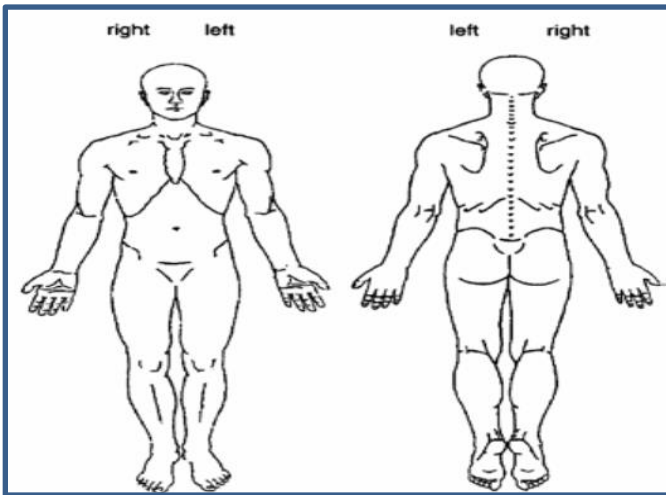
**Family Physician:** \_\_\_\_\_

When did your pain begin? \_\_\_\_\_

Was there an inciting event? \_\_\_\_\_

Is the pain the same/better/worse? \_\_\_\_\_

Shade the locations you have pain:



How would you rate your pain?

0 1 2 3 4 5 6 7 8 9 10  
No Pain                      Worst pain imaginable

What are your goals?  
\_\_\_\_\_  
\_\_\_\_\_

What makes your pain **better**? (i.e. sitting, lying down, heat, cold, standing, etc) \_\_\_\_\_  
\_\_\_\_\_

What makes your pain **worse**? (i.e. movement, walking, bending over, weather, etc) \_\_\_\_\_  
\_\_\_\_\_

Circle the words below that describe your pain:

Burning	Aching	Sharp	Constant
Electric	Throbbing	Stabbing	Occasional
Prickling	Dull	Shooting	Frequent
Numbing	Cramping	Stinging	Rare

Circle the activities that are affected by your pain:

Sleep	Leisure	House chores
Work/school	Socializing	Sexual activity

Other: \_\_\_\_\_

Are you on blood thinners? (Y/N) If yes, which one? \_\_\_\_\_

Circle medications you have used for pain:

Tylenol	Ibuprofen	Naproxen	Celecoxib
Tramadol	Codeine	Dilaudid	Fentanyl
Hydrocodone	Methadone	Morphine	Oxycodone
Buprenorphine	Nortriptyline	Lyrica	Gabapentin
Amitriptyline	Desipramine	Topamax	Baclofen
Duloxetine	Venlafaxine	Flexeril	Tizanidine

Other: \_\_\_\_\_

## Past Medical History

Diabetes (high blood sugar)                      Yes      No

Obstructive Sleep Apnea (OSA)                      Yes      No

Cancer                      Yes      No

Type: \_\_\_\_\_

Other Medical Conditions (please list)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Allergies (including medication allergies)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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## PAST PAIN TREATMENTS

Treatment	Improvement?	No change?	Worse?	Dates of Treatment	Location
Physical Therapy					
Acupuncture					
Chiropractic Care					
Massage Therapy					
Heat/Ice					
Pool Therapy					
TENS unit					
Brace/ Orthotic					
Epidural Steroid Injection					
Facet joint/medial branch nerve block					
Radiofrequency Ablation (RFA)					
Joint Injections					
Trigger point injection					
Spinal Cord Stimulation					
Surgery					

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## Current Medications

Medication	Dose in Mg	How often? Times/day	What is the medication for?	Dates started	Prescribing Provider

**Previous Surgeries and Date of Surgery:**

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Circle all present (or recent) signs or symptoms

### Constitutional

Change in Appetite	Chills	Sweating
Fever	Fatigue	Weight Change

### HEENT

Facial Swelling	Neck pain	Neck stiffness
Ear discharge	Hearing loss	Ear Pain
Congestion	Sinus Pressure	Sore Throat

### Eyes

Eye Pain	Eye Redness	Photophobia
Visual disturbance		

### Respiratory

Apnea	Chest tightness	Cough
Shortness of breath	Wheezing	

### Cardiovascular

Chest pain	Pacemaker	Palpitations
Anticoagulation	Hypertension	Cardiac Stent

### Gastrointestinal

Abdominal Pain	Diarrhea	Nausea/vomiting
Ulcers	Constipation	Rectal Pain

### Endocrine

Heat intolerance	Cold Intolerance	Increased urination
High glucose	Thyroid disease	

### GU

Difficulty urinating	Hesitancy	Flank pain
Frequency	Urgency	Incontinence

### Musculoskeletal

Arthralgia	Back Pain	Gait Disturbance
Joint Swelling	Myalgia	Fibromyalgia

### Skin

Color Changes	Rash	Pallor
Wounds	Pain to light touch	Swelling

### Allergy/Immune

Tape allergies	Food allergies	Immunocompromised
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### Neuro

Headache	Lightheadedness	Numbness
Seizures	Dizziness	Weakness
Tremors	Speech Changes	Confusion

### Hematologic

Blood thinners	HIV	Bleeding disorder
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Agitation	Suicidal thoughts	Confusion
Dec. Concentration	Sleep disturbance	Hallucinations
Substance abuse	Nervous	Depression

### Psychiatric

## Social History

Do you use tobacco products? (Y/N) \_\_\_\_\_

If former smoker, quit date? \_\_\_\_\_

Do you drink alcohol? (Y/N) \_\_\_\_\_

Do you use illegal drugs? (Y/N) \_\_\_\_\_

What is your occupation? \_\_\_\_\_

Do you have disability or a pending legal case? (Y/N) \_\_\_\_\_

## Family History

Circle any of the following that run in your family:

Similar pain	Arthritis	Cancer
Depression	Stroke	Heart disease
Diabetes	Bleeding disorder	Substance abuse

**Patient Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Provider Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

Review of Systems